Erika Rosenberg Brief biosketch

Erika Rosenberg, Ph.D. is a world-renowned expert on facial expression of emotion and a meditation teacher who specializes in emotion and compassion cultivation. She’s a senior investigator on the *Shamatha Project* (a comprehensive, scientific study of the effects of intensive meditation) at U.C. Davis, Senior Teacher at Stanford’s Center for Compassion & Altruism Research and Education, Founding Faculty at the non-profit, The Compassion Institute, and faculty at The Nyingma Institute of Tibetan Studies, Berkeley. Erika has taught in places as diverse as Google, Inc., Lerab Ling Monastery, LucasFilm, Upaya Zen Center, and Burning Man. Erika has published numerous books, scientific articles and chapters on facial expression, emotion, and meditation. Erika is also an active volunteer in psychedelic harm reduction in The Zendo Project.